



St. Joseph's Weekly News



Friday 18th January 2019

Our School Values

Respect - Self-belief - Faith - Friendship - Resilience - Self-control - Perseverance - Aspiration



Weekend Reflection

'Be still in the presence of the Lord as he is always there'.

Dear Parents,

Another week has passed as we fly through January. Our focus on celebrating each other has continued this week as we celebrate our staff and their amazing work ethos, celebrate our PTA for their hard work (and the lovely resources they gave us) and finally (but most importantly) we celebrate our children. They really are excelling in wanting to achieve and work hard. The recognition of this has been increased dojo's, more celebration opportunities and our winning house treat this week. Keep up your commitment everyone to *'Aspiring for excellence for all, together as a Catholic community.'* **Have a lovely weekend! Mrs O'Connor**

Thank you PTA for the lovely class resources you donated!

School Charity

Today was our non-uniform and Cake sale in support of our school charity the Air ambulance. Thank you everyone for your support with our first fundraiser. Total to follow! If you have any fundraising ideas please let me know!

Parent Voice

Thank you everyone who came forward eventually! I am very happy to announce that parent voice will continue in 2019. Watch this space for the date and time of the next meeting.

PTA Meeting

Thank you to those who attended and supported!

Class News

Teachers made a fantastic new year start to class news last week. I will now be tracking how many views each receives so that we know whether to continue with them or not. As you can appreciate this does take a considerable amount of time for staff to complete and if they are not viewed then there is many other ways they could spend their time.

Forest School Help

If anyone has a Monday afternoon or Thursday lunchtime free to help Mrs Smith. Our Forest school is amazing but it takes a lot of work and time. If you can help please let me know!

Parent Readers

Please help! We are lucky to have several parent readers throughout the week but we really do need more. If you can help, please leave your name with the office or myself.

Cold Weather Updates

If we experience extreme cold weather and school needs to be closed, we will notify you by Parentmail and a message will be also posted on the school website.

ATTENDANCE
AWARD
100%
Year 6
HOUSE POINTS
Luke

STARS OF THE WEEK

Nursery
Whole Class

Reception
Jo Jo and Krystian

Year 1
Jeffrey and Sadina

Year 2
Cara and Ilaria

Year 3
Tanatswa and Cardmel

Year 4
Steve and Marc

Year 5
Michael E and Kinga

Year 6
Soffie and Jesiah - Joe

THIS WEEK'S WRITERS

Year 1
Ava

Year 2
Nico

Year 3
Ben

Year 4
Joseph

Year 5
Henry

Year 6
Jakub

At St. Joseph's we live, love and learn by the example of Jesus.
Aspiring for excellence for all, together as a catholic community.

Healthy Eating/Nutrition Parent & Child Workshops

Thank you to those parents and children who signed up for these informative workshops, we have received very positive feedback so far.

REMINDERS!

1. Please remember those healthy items for packed lunches.
2. Please remember your child should be wearing their house badges every day to school. Additional badges can be purchased from the school office for 30p
3. Children are NOT to ride Bikes and Scooters whilst on school premises. This is still happening and can cause accidents so parents please be mindful – if this continues then bikes and scooters will be banned!
4. Children are NOT to play in the access road outside the Royal Avenue gate, as this vehicular gate is in constant use.
5. Please be considerate to our neighbours when parking near the school site .

St Joseph's is a 'NUT-FREE' Zone!

IMPORTANT DATES

Tuesday 22 nd January	Y5 Vicious Vikings Workshop	All- Day School Hall
Wednesday 23 rd January	Chaplaincy Retreat Day	All Day- Bishop Stortford
Friday 25 th January	Y6 Class Assembly	9.15am – School Hall
Thursday 31 st January	Y5 Class Mass	2.30pm - School Hall
Friday 1 st February	Y1 Class Assembly	9.15am - School Hall
	Advance Notice	
Monday 18 th February – Friday 22 nd February	Half Term	All Week

WEEK THREE - MENU CHOICES

Week Commencing: * 21st January * 11th February * 11th March * 1st April

DAY	RED	GREEN	JACKET POTATO	YELLOW
MAGIC MONDAY	Mexian Beef with Vegetable Rice	Macaroni Cheese with Garlic Dough Balls	Jacket Potato with Various Toppings	Tuna Baguette
FRUITY TUESDAY	Chicken Pie with Creamed Potatoes	Sweet Potato and Chickpea Curry with Rice	Jacket Potato with Various Toppings	Ham Roll
ROAST WEDNESDAY	Roast Beef and Yorkshire Pudding with Roast Potatoes or Wholemeal Pasta	Tomato Bolognaise with Roast Potatoes or Wholemeal Pasta	Jacket Potato with Various Toppings	Chicken Roll
TASTY THURSDAY	Baked Chicken Wrap with Tri Colour Pasta	Roasted Vegetarian Slice with Potato Wedges	Jacket Potato with Various Toppings	Cheese Baguette
FISH FRIDAY	Salmon Fish Fingers with Chips or Pasta	Favourite Pizza with Chips or Pasta	Jacket Potato with Various Toppings	Cheese Roll

A Healthy Packed Lunch

Suggestions for food to include in a healthy packed lunch

- **At least** one portion of fruit or vegetable every day.
- Meat, fish or other source of non-diary protein (e.g. lentils, beans, soya or hummus), every day
- Oily fish such as pilchards, salmon or tuna
- A starchy food such as bread, pasta, rice noodles, potatoes or other type of cereal every day.
- Dairy food such as milk, cheese, yoghurt, fromage frais or custard.
- Cereal bars rather than cakes or biscuits
- Seeds, crackers and cheese, vegetables or bread sticks with a dip

Drinks

- No drinks are to be brought into school – water is provided.
- Water bottles are to be brought on school trips – NO other drink.

FUN FRIDAY

Suggestions for food to include **ON A FUN FRIDAY** in a healthy packed lunch.

- Snacks such as crisps
- Chocolate coated biscuits or wafers **or**
- Small cake e.g. fairy cakes, cake bars, muffins **or**
- Small pudding pot e.g. chocolate mousse)

Foods that should not be brought into school (These are foods that we have already asked not to be brought into school)

- Confectionery such as chocolate bars.
- Sweets
- Nuts or nut products (although they can be healthy there is a very serious risk to other children with allergies).
- Fizzy drinks or any soft drink.

At St. Joseph's we live, love and learn by the example of Jesus.
Aspiring for excellence for all, together as a catholic community.



St Joseph's Nursery School



Do you have a child born between 1st September 2015 and 31st August 2016 ? Are you considering Nursery School?

Give your child the best start in Nursery Education at St Joseph's Nursery School in Waltham Cross.

We welcome applications from all faiths to our Nursery

Call us : 01992 629503

Email us: admin@stjosephs351.herts.sch.uk

Visit us: St Josephs Catholic Primary School, Royal Avenue, Waltham Cross, EN8 7EN.

*At St. Joseph's we live, love and learn by the example of Jesus.
Aspiring for excellence for all, together as a catholic community.*